

The Herald

March Highlights

March 6, 13, 20, 27
Adult Bible Study, Goodale Center
5:00 - 6:30 PM

March 7, 14, 21, 28
Centering Prayer, ReSource Room
8:00 - 9:00 AM

March 7, 14, 21, 28
Ladies Bible Study, Goodale Center
11:15 AM - 1:15 PM

March 8
Finance Committee Meeting
Goodale Center 11:00 AM - Noon

March 11
Second Saturday Reception
Parish Hall, immediately following
5:30 PM Service

March 14, 21, 28 and April 4
Adult Formation, Lenten Program
and Potluck
Parish Hall, 6:00 - 8:15 PM

March 15
Property Committee Meeting
Classroom, 3:30 - 4:30 PM

March 15
Vestry Meeting, Goodale Center
4:30 - 5:30 PM



St. Michael and All Angels Episcopal Church

A Reflection Upon Lent

By THE REV. ANDREW McMULLEN

With the season of Lent (derived from the old English word, *lencten*, which means, “spring”) upon us, this seems like a good time to remind ourselves what we are observing, or more accurately, the tradition that we are attempting to live into as we approach Easter. The origins of Lent are complex, mainly because the evolution of this tradition was different among the various Christian communities. In the Western Church (largely those communities within the Roman Empire), the origins of Lent can actually be found in the observance of the Feast of the Lord’s Baptism during the season of Epiphany. This was seen as the appropriate occasion for the baptism of the faithful, but a tradition quickly emerged that a time of fasting, prayer, reflection and education was necessary for the adult candidates as they prepared for their formal initiation into the Church.



The Rev. Andrew McMullen

The call to fast was seen as particularly important and rigidly followed – only one evening meal was eaten and meat, dairy and alcohol were prohibited. By the 4th century, there is evidence that the Church in Jerusalem had established an appropriate preparation time of six weeks to approximate the examples of the forty day fasts by Moses, Elijah and Jesus Christ. Many communities followed this example, so that by the 7th century, a forty day fast and preparation before Easter became normative (Interestingly, the calculation of the *(continued on page 2)*

How Does Our Worship Change During Lent

The season of Lent brings some significant changes to our Sunday worship. The intent is for our liturgy to embody the self-reflection and repentance of the season.

Our liturgical color changes from green to purple, the traditional color of Lent. You will also notice a change in

our schedule of having altar flowers and other adornments.

On both the First Sunday in Lent and the Last Sunday in Lent, the service begins with the Great Litany, one of the oldest liturgical rites in *The Book of Common Prayer*. On those occasions when we pray *(continued on page 5)*

Words from the Senior Warden

BY AMY NULL, SENIOR WARDEN

It's a new month and a new season in the church's Liturgical calendar and I am the new Senior Warden. It is beginning to sink in that I am the Senior Warden as I learn more about the position and my new responsibilities. I am very excited about this position and serving St. Michael's. I looked up the meaning

of the word new and one meaning was "starting to develop". I feel that these next few months will be a time where I will start to develop an understanding of what being Senior Warden means to me and to our church community. Please don't hesitate to e-mail me at wazzu92@hawaiiintel.net if you have any questions or questions or concerns. Have a great month!



Amy Null

A Reflection Upon Lent (continued from page 1)

forty days does not include Sundays, an emphasis that this day is reserved for the celebration of the resurrection). The Easter Vigil therefore replaced the Feast of the Lord's Baptism as the traditional time for baptisms (Today, the Episcopal Church recognizes both!).

While we tend to think of Lent as the time of preparation for Easter, this was not the case with the early Christian communities. This time of prayer, fasting, study and self-denial was focused upon the preparation of adults for baptism. Secondary attention was given to receiving back members who for some reason had strayed from the faith and wished to return to the community. Beginning in the 7th century, this began to change, and the agent of the change was the increasing preference among the faithful for the baptism of infants (a reflection of the "salvation" theology developing around baptism). This

shifted the focus of Lent away from the education and formation for adult baptism to general penitential practices and devotions in preparation for the Feast of Easter. With this development, worship practices began to change to reflect the penitential themes of the season, a tradition that we continue to follow at St. Michael and All Angels.

In our time, many Christians find Lent to be a rather odd and uncomfortable time. Coming off our celebrations of Christmas and Epiphany, we are faced with the call to be humble, to fully see our humanity and our place within creation, to be penitent, to deny ourselves our usual lives while we pray and reflect on our call to be love of God in the world. In many ways, it is simply a call to stop, look and listen. It is a shame that most of us do not have the time, desire or patience for all this, because if we are truly willing to live into our prayer,

repentance and self-denial, we discover that we are simply the dust of the earth, and to this dust we shall return. And here's the thing. It's good to be dust. Because it is in our dust that we carry the breath, life and love of God. It is in our dust that we find our faith, and in that faith lies our hope, a hope that all can be resurrected, restored and renewed through the love that was and is and will forever be. So that in the end, the dust that we are does not simply blow away but rather blows back to where it came from, the love of God. This is the meaning behind Easter, and the Feast of the Resurrection will surely come, but for the next forty days, let us strive with humility and acceptance to discover that which is at our foundation so that we might later more fully realize the light that each of us carries. Let us, for a time, simply be dust.




Honor Your Loved Ones with an Easter Lily

A beautiful way to honor loved ones during Easter is with an Easter Lily at St. Michael's. Please use the envelopes provided on the Information Table in the back of the church.

Lily donations are \$25.00 for each plant. Your loved one's name and dedication will be included in our Easter service bulletin. The deadline is Sunday, April 2, 2017.

March 2017 Parish Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Second Saturday Reception March 11th Please bring a pupu to share and join us in the Parish Hall following the 5:30 pm service 			1 Ash Wednesday Holy Eucharist and Imposition of Ashes 6:00 PM Loaves and Fishes 9:15-10:30 AM Parish Hall	2	3	4 Jazz Vespers Prelude: 5:15-5:30 PM Eucharist 5:30-6:15 PM
5 Holy Eucharist 7:30 & 9:45 AM 9:45 AM Eucharist Child Care, Sunday School and Youth Group 9:45 AM	6 Adult Study Group Goodale Center 5:00-6:30 PM	7 Centering Prayer ReSource Room 8:00 AM Ladies Bible Study 11:00 AM Goodale Center	8 Loaves and Fishes 9:15-10:30 AM Parish Hall Staff Meeting in Goodale Center 3:30 pm	9 Finance Committee 11:00 AM Goodale Center	10	11 Jazz Vespers with Terra Jean Otto and Alan Van Zee Prelude: 5:15-5:30 PM Eucharist 5:30-6:15 PM Second Saturday Reception
12 Holy Eucharist 7:30 & 9:45 AM Child Care, Sunday School and Youth Group 9:45 AM	13 Adult Study Group Goodale Center 5:00-6:30 PM	14 Centering Prayer ReSource Room 8:00 AM Ladies Bible Study 11:00 AM Holy Listening ReSource Room 4:30 - 6:30 pm Adult Formation Parish Hall 6:00 PM	15 Loaves and Fishes 9:15-10:30 AM Parish Hall Property Committee Meeting 3:30 pm, Classroom Vestry Meeting 4:30 pm, Goodale Center	16	17 St. Patrick's Day 	18 Jazz Vespers Prelude: 5:15-5:30 PM Eucharist 5:30-6:15 PM
19 Holy Eucharist 7:30 & 9:45 AM Child Care, Sunday School and Youth Group 9:45 AM	20 Adult Study Group Goodale Center 5:00-6:30 PM	21 Centering Prayer ReSource Room 8:00 AM Ladies Bible Study 11:00 AM Adult Formation Parish Hall 6:00 PM	22 Loaves and Fishes 9:15-10:30 AM Parish Hall	23	24	25 Jazz Vespers Prelude: 5:15-5:30 PM Eucharist 5:30-6:15 PM Kauai Animal Welfare Society Yard Sale
26 Holy Eucharist 7:30 & 9:45 AM Child Care, Sunday School and Youth Group 9:45 AM	27 Adult Study Group Goodale Center 5:00-6:30 PM	28 Centering Prayer ReSource Room 8:00 AM Ladies Bible Study 11:00 AM Adult Formation Parish Hall 6:00 PM	29 Loaves and Fishes 9:15-10:30 AM Parish Hall	30	31	

Looking for Vestry Minutes?

The most current approved Vestry Minutes are posted on the bulletin board in the church office. Please stop by and take a look. If you would like your own copy please contact Beth at Beth@stmichaels-kauai.org.



March 2017 Worship Ministries

SERVICE/VESTRYPERSON	EUCCHARISTIC MINISTER	GREETERS	KEIKI CARE
March 4 5:30 PM	Joan Loizeaux	Beatrice Boreliz	
March 5 7:30 AM	Geoff Wall	Barbara Gusman	
March 5 9:45 AM Marilyn Allen	Mady Hiraga-Nuccio		Wendi Rusaw
March 11 5:30 PM		Evie Bradberg	
March 12 7:30 AM		Joanne Woltmon	
March 12 9:45 AM Dana Bekeart			Wendi Rusaw
March 18 5:30 PM			
March 19 7:30 AM		Barbara Gusman	
March 19 9:45 AM Gary Ellwood			Wendi Rusaw
March 25 5:30 PM		Wendi Rusaw	
March 26 7:30 AM		Joanne Woltmon	
March 26 9:45 AM Neal Husband			Wendi Rusaw

The schedule for Lay Eucharistic Ministers has shifted away from our new Senior Warden, Amy Null to make time for her new duties. We thank her for her years of service with this endeavor! The Parish Administrator will be creating the schedule in the future.



Nick Fensterman March 1
 Steve Macklin March 4
 Wendy Rusaw March 4
 Elinor Weeks March 5
 Mary Gallagher Brown March 6
 Colette Buis March 6
 Stephanie Ellis March 7
 LaCona Woltmon March 8
 Julian Kalahiki March 9
 Linda Hartung March 12
 John Gilleran March 14
 Caitlin Valhuerdi March 14
 Derrick Woo March 14
 Anna Letson March 15
 Leslie Simmons March 15

Charlie King March 18
 Makoa Rubio-Cummings March 19
 Marj Stanphill March 19
 Anuhea Sibayan March 20
 Aulani Sibayan March 20
 Margee Wheeler March 21
 Era Pope March 22
 Michael Smith March 23
 Alita Smith March 25
 Carla Baker March 27
 Ryan Valhuerdi March 28
 Fred Terrill March 29
 Meimee Letson March 31
 Chloe Rudinoff March 31
 Jan Rudinoff March 31



Steve & Sue Macklin March 1
 Roy Buduan & Loyd Clayton March 15
 Lindsay & Greg Kamm March 20
 Glen & Karen Takenouchi March 20
 Paul & Joan Loizeaux March 21

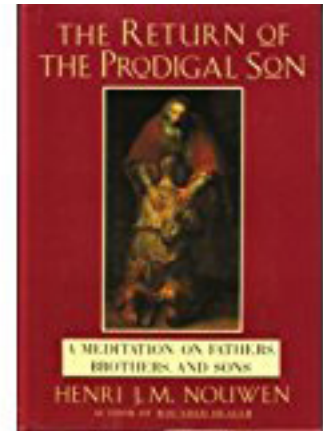




Adult Formation – Lenten Program

We are pleased to provide an adult formation program during Lent in which we will explore and reflect upon the Parable of the Prodigal Son. We will gather in our parish hall on Tuesday evenings, beginning on March 14, at 6pm. We will share in a light potluck meal (soups are ideal; a signup sheet to offer a portion of our meal on March 14/21/28 and April 4 can be found in the parish hall on the coffee table) and then we will have conversation about the parable. To assist us, we will read and digest one of the most spiritual works written

about the parable: Henri Nouwen's *The Return of the Prodigal Son*. This is a short and easily readable book which describes Nouwen's reflections as he gazed upon Rembrandt's painting depicting the return of the son. As he does so, Nouwen discovers his place on the road to faith and the intended destination to the grace of God. In the end, it is a revelation of homecoming, affirmation and reconciliation. It is hoped that our own reading and mutual reflections will likewise lead to our own illumination. A limited number of copies of the book will be available in



the parish office for \$10 or you may purchase the book on your own. We hope you will join us!!

How Does Our Worship Change During Lent (continued from page 1)

the Litany, the Nicene Creed, Prayers of the People and Confession/Absolution are not used.

During Lent, the Gloria and all alleluias are omitted from the service. There are modifications to our service music; on occasion, we will not have preludes or postludes – these are invitations to arrive and depart from our worship in silence and prayer.

Our Eucharistic Prayers change – For Rite I, we use Prayer II. For Rite

II, we use Eucharistic Prayer D. This form incorporates the Prayers of the People so that the separate forms for the Prayers of the People are not used. During Lent, the *Angus Dei* is sung during both of the Eucharistic Prayers. There is also a change in our communion bread – we use unleavened bread wafers as a reflection of the Passover meal.

You will likely notice other little changes as we approach Palm Sunday.

The point is not to make our worship overly cumbersome or uncomfortable – rather, it is an invitation to experience a different liturgy as we live into Jesus' final days and his crucifixion. As always, worship as is comfortable for you. If you have any questions or concerns about our worship or this season of Lent, please do not hesitate to contact Father Andrew.

Please Welcome Our New Tenant!

Please welcome St. Michael's newest tenant, Michael Gabour. Michael joined our campus in mid January. His car rental business, Hawaiian Reasonable Rentals, LLC is located on the second floor in Suite E, the former office of the Parish Administrator.

Michael has already become a familiar face on our campus. He volunteered both nights of the Jazz Festival along with

giving us great deals on car rentals for some of the artists.

He is a member of the Coptic Egyptians who use our church for worship, but he has recently been enjoying services at St. Michael's on Sunday mornings.

Please introduce yourself when you see him on campus!

Pictured right Michael Gabour



St. Michael and All Angels
Episcopal Church
4364 Hardy Street
Lihu'e, Kaua'i, HI 96766



The Herald
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Priest-in-Charge: The Rev. Andrew McMullen
Sr. Warden: Amy Null
Jr. Warden: Dana Bekeart
Parish Administrator: Beth Debrey
Financial Administrator/Event Manager:
Melissa Gregory
Director of ReSource for Christian
Spirituality: The Rev. Dr. Phyllis Meighen
Director of Outreach Ministries:
Pat Hillegonds
Director of Music: Alan Van Zee
Director of Children's Ministries: Sue Macklin
Webservant: Bill Skelton
Newsletter Editor: Beth Debrey

Baptised at
St. Michael's
January 28, 2017

Kelsey
Francheska Padre
Saguio

Kelsey was born July 28, 2016 in
Waimea. She is the daughter of
Eunice Padre Saguio and
Ryan Jay Pedronan Saguio.



Photo courtesy of Paul Loizeaux.